



Thythorn Field  
Primary School

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# PE Policy

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**Adopted By School:** November 2021

**Review Date:** November 2024

**Governor Signature:**

## **The Purpose of this Document**

Thythorn Field Primary School recognises the vital contribution of Physical Education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development.

We aim to provide a broad and balanced P.E. curriculum which is intended to develop children's increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. Through a balance of individual, paired and group activities, we aim to cater for the different strengths, needs and preferences of each child, using differentiated activities where appropriate. We believe that through the variety of opportunities that PE offers, all children can develop a sense of personal achievement, fair play, teamwork and an understanding of the ways in which sport can transcend social and cultural boundaries.

We plan a range of activities that aim to provide children with a broad base of movement knowledge, skills and understanding, which they can refine and expand throughout their primary school years. All children are encouraged to join clubs and extend their interest and involvement in sport.

We encourage children to develop their creative and expressive abilities, through improvisation and problem-solving. Children are taught to appreciate the importance of a healthy and fit body, and begin to understand those factors which affect health and fitness.

## **Subject Aims and Objectives**

Physical Education is a foundation subject and is important to our school. We aim to:

- Enable children to develop and explore physical skills with increasing control and coordination.
- Encourage children to work and play with others in a range of group situations.
- Develop the way children perform skills and apply rules and conventions for different activities.
- Increase children's ability to use what they have learnt to improve the quality and control of their performance.
- Teach children to recognise and describe how their bodies feel during exercise.
- Develop the children's enjoyment of physical activity through creativity and imagination.
- Develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.

## **Teaching and Learning**

Our children will:

- Receive 2 hours of high quality PE lessons per week.
- Be active throughout the lesson. For example, sports such as rounders and cricket should be played on a small scale to develop skills so that all children are actively engaged.
- Be given good quality equipment to use. In sports such as football and basketball children should have a ball each to develop skills.
- Evaluate their own work as well as the work of other children.
- Have the opportunity both to collaborate and to compete with each other.

## **Planning the PE Curriculum**

PE is a foundation subject in the National Curriculum. Our school uses a range of different schemes as the basis for its curriculum planning in PE. In Key Stage 1, we teach dance, games, gymnastics, athletics plus outdoor and adventurous activities. In Key Stage 2 we teach dance, games, athletics and gymnastics, plus swimming and water safety and outdoor and adventurous activities.

The long-term plan maps out the PE activities covered in each term during the key stage. The PE subject co-ordinator works this out in each year group in collaboration with Metcalf Multisports. We plan the PE activities so that they build upon the prior learning of the children. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is planned progression built into the scheme of work, so that the children are increasingly challenged as they move up through the school.

Years 5 attend a residential visit which allow children to take part in outdoor adventurous activities. We encourage the physical development of our children in Foundation Stage as an integral part of their work. We encourage the children to develop confidence and control of the way they move, and the way they handle tools and equipment. We give all children the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills.

## **The role of the PE Subject Leader**

The PE Subject Leader is responsible for the development and monitoring of the PE curriculum. They are responsible for updating the School's Policy and ensuring other relevant policies reflect the aims and objectives of the PE policy, including the Sports Premium Policy.

They assist staff by leading staff meetings; planning and leading CPD training activities; providing consultancy and advice, supporting staff in the classroom; specifying and ordering resources; coordinating staff requests for resources and monitoring and maintaining the condition and availability of resources.

They plan and coordinate the school's year 6 playground leaders, this is a school initiative that encourages children at break time to get involved in organised sporting activities across the key stages.

They plan and organise competition events and entries in collaboration with Metcalf Multisports and Learning South Leicestershire Sports Partnership (LSLSSP).

They will liaise with any named Governor to keep the Governors informed about developments within the subject.

They maintain a positive ethos for the subject, through support and encouragement of staff, children and parents.

## **Primary PE & Sports Premium**

From 2013, all state sector primary schools nationally, have received Government funding to promote high quality sustainable PE & Sports provision within both curricular & extra-curricular settings.

Thythorn Field Primary is committed to ensuring that this invaluable source of funding is allotted to areas of the PE & Sports programme that guarantee the further raising of Subject Leader management and professional teaching standards; increased resourcing and learning opportunities for our pupils. Other outcomes that we wish to subsequently address are:

- Evidence of healthier lifestyles
- Improved physical fitness levels

- Enhanced pupil confidence and application to other academic subjects

The school applies the following DfE Vision Statement to the core of all planned initiatives associated with the Premium:

*'All pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport'*

The School adheres to the published guidelines so as to ensure additional and sustainable improvements to PE and Sport thereby using the Premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

The school addresses progress in accordance with the nationally prescribed five indicators that are:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

The School also complies with meeting the statutory requirement, as instructed by DfE and HMI, to ensure that information on the use of the Primary PE and Sport Premium is made available to parents on its school website. Whilst accountability rests with all schools by way of how the funding is spent, it is the case that all schools must annually provide online evidence of actual spend and long-term impact based upon the following areas:

- the amount of premium received
- a full breakdown of how it has been spent (or will be spent)
- the impact the school has seen on pupils' PE and sport participation and attainment
- how the improvements will be sustainable in the future

## **Equal Opportunities**

At Thythorn Field Primary we teach PE to all children, whatever their ability. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Through our PE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs. Assessment against the National Curriculum allows us to consider each child's attainment and progress against expected levels.

Intervention through School Action and School Action Plus will lead to the creation of an Individual Support Plan for children with special educational needs. The ISP may include, as appropriate, specific targets relating to PE.

## **Special Educational Needs**

In accordance with the Special Needs Policy, we are a fully inclusive school and children with special educational needs are included in all lessons.

It is the responsibility of the Class Teacher to ensure that any additional equipment or support is

available to suit the needs of all children.

## **Assessment and Record Keeping**

In KS1, informal observational assessments of pupils will be carried out by teachers to inform their future planning.

Formal assessment will be carried out using Metcalf Multisports assessment format at the end of each unit. This is then shared with all teachers to inform report writing and future planning.

## **Competition and School Sports Partnership**

All children at Thythorn Field Primary School take part in Sports Day. This is a combination of traditional Sports Day running races and novel team events.

The school is an active member of the Learning South Leicestershire School Sports Partnership and values the contribution the partnership makes to PE and sport at Thythorn Field Primary School.

We make best use of the expertise provided through the partnership. For example by allowing coaches to teach PE lessons and collaborating with staff to develop skills within the teaching of PE. Thythorn has a good working relationship with many of the Primary and High schools within the partnership; this fosters good transition for older children when they are moving up to the next stage of the schooling.

In Key Stage Two (and to a certain extent in KS1) we aim to attend competitions regularly. This introduces a competitive element to team games and allows the children to put into practice the skills that they have developed in their lessons. Children will learn to win well, as well as lose well. These opportunities foster a sense of team spirit and co-operation amongst our children.