

Child-friendly Anti-bullying policy

Thythorn's School Council have put together this policy to support children to understand bullying

What is bullying?

Bullying is where somebody is mean to someone else over and over again.

It could be making fun of someone.

It could be laughing at someone unkindly.

If you hurt somebody on purpose lots of times.

It could be calling someone unkind names.

It could be using your phone or a game to be unkind to someone and make them sad.

It could be posting videos without your permission.

When is it bullying?

We remember it as STOP:

SEVERAL

TIMES

ON

PURPOSE

Bullying is not when somebody is mean just once.

What should you do if you are being bullied?

START TELLING OTHER PEOPLE...even if they tell you not to!

Tell them to stop.

Back away.

Walk away.

Get to a place where you feel safe.

Who can you tell?

School staff: a teacher, sports coach, teaching assistant, the headteacher, lunchtime staff, the office staff

Your parents and other members of your family.

A buddy on the playground.

Friends who might help you to tell an adult.

What shouldn't you do?

Ignore it.

Use my hands to hurt them back.

Use unkind words.

Keep it to myself.

Blame yourself.

What should you do if you see someone being bullied?

Tell the person doing the bullying to **STOP**.

Ask the child who is being bullied if they need help.

Get a trusted adult if I am afraid or worried to get involved.